

## ***A Positive Workplace Means Business!™***

It Just Makes “Cent\$!”™

### **Let’s Do Lunch!**

#### **“Attitude: The Power of Positive In the Workplace”**

11:30 a.m. – 1:00 p.m.

##### *It’s All About Attitude!*

- Did you know that 75% of employees are unhappy in their current job?
- Have you ever thought about how your *attitude* affects...
  - ✓ Your personality and work performance?
  - ✓ Your ability to attract and retain employees and customers?
  - ✓ Relationships and the work environment?
  - ✓ Workforce diversity, career success, and teamwork?
  - ✓ Bottom-line results?

Learn how to check your “Attitude Barometer...”

#### **“Stress Management on the Job”**

11:30 a.m. – 1:00 p.m.

In today’s fast-paced work environment, it is easy to become stressed.

- ✓ It’s proven! There is a big connection between stress, motivation and self-talk...
- ✓ Left unattended, negative self-talk:
  - Destroys creativity, damages confidence & morale, degrades productivity and...
  - Impacts bottom-line results

Learn simple & fun exercises to de-stress at work ...

#### **“Positive Business-Talk”**

11:30 a.m. – 1:00 p.m.

The way we communicate has become an increasingly critical element in dealing with customers and co-workers.

- ✓ Being Considerate of Co-Workers
- ✓ Handling Interruptions
- ✓ Minding Your Telephone Manners
- ✓ Mastering the Art of Small Talk

Learn how “Positive Business-Talk” can improve your people-to-people connections and create a more positive, productive and profitable work environment...

#### **“Building Multi-Generational Teams The 21<sup>st</sup> Century Workforce”**

11:30 a.m. – 1:00 p.m.

With four generations working side by side, it is important for managers and employees to recognize their differences and the advantages of such a diverse workforce.

- ✓ Assess what motivates you and how this may differ from what motivates your colleagues, customers and direct reports
- ✓ Examine perceptions of each generation

Learn why multi-generational teams make “cents!”